

Led by:

Trillium Springs Counseling Center
\$45 per session
Call for dates and times

Sarah Postich,
M.S., LAPC, NCC

Julie Fortenberry,
M.A., LAPC

Living and Working with *Bipolar Disorder*: Overcoming the Obstacles of Daily Living *FOR WOMEN*

The Program:

Overcoming the Obstacles of Daily Living is an 12-week support group designed to help women develop and refine the tools necessary to live with bipolar disorder.

Availability is limited. There is a 10% discount for those group members who pay for all 12 groups up front.

An intake phone interview is required before the first group session.

Contact Information:

For more information about *Overcoming the Obstacles of Daily Living* or to schedule an intake phone interview, please contact:

Sarah Postich, M.S., LAPC, NCC

770-713-7724

Sarahp@trilliumsprings.com

or

Julie Fortenberry, M.A., LAPC

678-427-1670

Julie@trilliumsprings.com

Location and Time:

Overcoming the Obstacles of Daily Living will meet at Trillium Springs Counseling Center, located at Crown Counseling and Psychological Services, 1640 Powers Ferry Road, Building 16, Suite 300, Atlanta, Georgia, 30067. For directions and information about the group leaders, see:

www.trilliumsprings.com.htm.

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A Service of Trillium Springs Counseling

For more information and directions, see:

www.trilliumsprings.com