

FOR IMMEDIATE RELEASE

Lyle Joins Trillium Springs Counseling Center

ATLANTA, Georgia (Sept. 15, 2010) Brittney C. Lyle, M.A.M.F.T., has joined Trillium Springs Counseling Center.

"We are pleased to announce that Brittney Lyle has joined our therapeutic team as a therapist. Brittney's degree in Psychology and masters in Marriage and Family Therapy will be of significant benefit to our clients," said Trillium Springs Counseling founder and director Vilda S. Brannen, M.A., NCC, LPC.

Brittney received an M.A. in Marriage and Family Therapy at Richmond Graduate University (formerly PSI) and a B.S. in Psychology at Oakwood University. She is currently pursuing licensure for Associate Professional Counselor, Associate Marriage and Family Therapy, and she also seeks to further her professional credentials to include National Certified Counselor. Brittney is in practice at Trillium Springs Counseling under the direction and supervision of Vilda S. Brannen, M.S., LPC, in Atlanta.

Brittney has always had a heart for listening and speaking to others about life issues. As an adolescent and young adult, she was a very active member in her church as she often created skits and programs directed toward youth, young adults, and families. She believed that it was necessary to highlight and discuss issues related to sex, drugs, peer pressure, dating, parenting, effects of divorce, communication, as well as other topics of interest.

During her internship year at Richmond, Brittney provided individual, couple, and family therapy at the Hope Counseling Center at West Cobb to clients dealing with issues including: infidelity, sex and drug addiction, mother-daughter conflict, parenting concerns, newlywed/marital counseling, attachment issues, and family-of-origin issues. She also interned at First Baptist Woodstock Pastoral Counseling Ministry, providing therapy to women of all ages dealing with issues of depression, anxiety, self-esteem, codependency, abuse, trauma, body image, eating disorders, sexual addiction, infertility, grief and loss, spiritual concerns, and suicide. She also has worked with borderline personality types, bipolar disorder, and obsessive-compulsive disorder.

Brittney's approach to counseling is integrative, holistic, and client-centered, and her work is greatly influenced by interpersonal, family systems, and cognitive-behavioral theories. She greatly values the therapist-client relationship as it provides the opportunity to better understand each client's unique life experiences, struggles, and needs. Her desire is to help individuals understand their inner strengths so that they may grow and thrive in their lives.

For more information or to set up an appointment, please email Brittney at brittney@trilliumsprings.com or call her at 404.451.2113.

About Trillium Springs, LLC. We offer counseling in a variety of specialties as well as psychological, educational / achievement, and behavioral testing and evaluation through Trillium Springs Counseling. We also host day, weekend or weeklong retreats at our facility, Trillium Springs Retreat Center, in western North Carolina.

www.trilliumsprings.com

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