

FOR IMMEDIATE RELEASE

Hailey Joins Trillium Springs Counseling Center

ATLANTA, Georgia (May 1, 2011) – Hope Hailey, M.A., has joined the therapeutic team at the Trillium Springs Counseling Center.

"Hope's experience working with adolescents struggling with issues of drug abuse, bipolar disorder, psychosis, anxiety, depression, and suicidal ideation will be of significant benefit to our clients," said Trillium Springs Counseling founder and director Vilda S. Brannen, M.A., NCC, LPC.

Hope will also be teaching Dialectical Behavior Therapy where patients learn emotion regulation and mindfulness to help them transition to everyday life with healthy coping skills.

Her other specialties will be counseling individuals, families, and couples struggling with issues surrounding financial and marital stress, anxiety, isolation, depression, sexual abuse, and parenting.

Hope received her M.A. in Professional Counseling from Richmond Graduate University and a B.A. in Journalism with a minor in Psychology from the University of Georgia. Hope completed her internship at Ridgeview Institute in Atlanta and has additional experience at the West Cobb Hope Counseling Center.

Hope has had the opportunity to lead process art groups with patients at Ridgeview Institute who were given the freedom to access memories and emotions using a language of colors and shapes where words failed. She would like to continue to offer this opportunity for healing through expressive art therapy with groups of individuals, couples, and families.

She believes in the importance of a strong therapeutic relationship with each client and uses an eclectic approach in counseling utilizing Cognitive Behavior Therapy techniques, Interpersonal Therapy, Psychoanalytic, and Jungian theories.

Hope enjoys working with various issues and ages and especially enjoys working with families of adolescents struggling with self esteem, depression, and anxiety issues. Hope believes in the importance of preserving the family as a "shelter in the storm" in an increasingly chaotic world.

For more information or to set up an appointment, please email her at hope@trilliumsprings.com or call 678.772.3687.

About Trillium Springs, LLC. We offer counseling in a variety of specialties as well as psychological, educational / achievement, and behavioral testing and evaluation through Trillium Springs Counseling. We also host day, weekend or weeklong retreats at our facility, Trillium Springs Retreat Center, in western North Carolina.

###

www.trilliumsprings.com

1640 Powers Ferry Road | Building 16, Suite 100 | Atlanta, Georgia 30067