

FOR IMMEDIATE RELEASE

Fortenberry Joins Trillium Springs Counseling Center

ATLANTA, Georgia (Sept. 15, 2009) – Julie Fortenberry, M.A. has joined Trillium Springs Counseling Center.

“We are delighted that Julie Fortenberry has joined our therapeutic team. Her recent masters level training and intern experiences with one of Atlanta’s respected graduate school’s counseling center and with another respected outpatient and residential treatment center will be of significant benefit to our clients,” said Trillium Springs Counseling founder and director Vilda S. Brannen, M.A., NCC, LPC.

Fortenberry received her master’s degree in Marriage and Family Therapy with an emphasis on Sex Therapy from Richmond Graduate University (formerly PSI). She also holds a bachelor’s degree from Auburn University in psychology.

Fortenberry has worked with a wide variety of issues in the counseling field. Through her work at Skyland Trail, she gained insight into working with bipolar disorder, schizophrenia, obsessive-compulsive disorder, and major depressive disorder. At the Hope Counseling Center and The Center at Mount Paran North, she was able to work with individuals, couples, and families dealing with issues of depression, anxiety, eating disorders, sexual trauma, and spirituality.

In session, Fortenberry utilizes a variety of theories depending on the issues and the individual, couple, or family. She takes an integrated and holistic approach, learning to understand each individual in terms of their family of origin, life stages, current circumstances and relationships, as all of these are important parts of the therapy process. She uses the therapist-client relationship to gain insight into other aspects of the individual’s life. Fortenberry understands the importance of integrating her therapy with other professional assistance. When necessary, she will advise a client and work with them to seek parallel support from other professionals. Her desire is that clients have a safe and inviting place to pursue change and growth in their life.

Fortenberry is in the process of applying for licensure as an Associate Professional Counselor.

For more information or to set up an appointment, please call Fortenberry at 678.427.1670 or email her at julie@trilliumsprings.com.

About Trillium Springs, LLC. We offer counseling in a variety of specialties as well as psychological, educational / achievement, and behavioral testing and evaluation through Trillium Springs Counseling. We also host day, weekend or weeklong retreats at our facility, Trillium Springs Retreat Center, in western North Carolina.

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www.trilliumsprings.com

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